

INDOOR POOL SCHEDULE

+ SEPTEMBER 2 THROUGH DECEMBER 12 +

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:45							
5:30						Pool Closed	Pool Closed
6:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Opens at 7:00 AM	Pool Opens at 7:00 AM
7:00							
8:00	Aqua Aerobics 8 AM - 9 AM (3 Lanes)		Aqua Aerobics 8 AM - 9 AM (3 Lanes)		Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Lap Swim	
9:00	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Lap Swim
10:00							Swim Team 10 AM - 11 AM (1 Lane)
11:00	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)		Lap Swim	Lap Swim
12:00					Lap Swim		
1:00							
2:00							
3:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim		Family Swim 12 PM - 6 PM (Lap Lanes Available)	Family Swim 12 PM - 5 PM (Lap Lanes Available)
4:00					Family Swim 2 PM - 8 PM (Lap Lanes Available)		
5:00							
6:00	Swim Team 6 PM - 7 PM (2 Lanes)	Swim Team 6 PM - 7 PM (All Lanes - Pool Closed)	Swim Team 6 PM - 7 PM (All Lanes - Pool Closed)	Swim Team 6 PM - 7 PM (All Lanes - Pool Closed)		Lap Swim	Lap Swim
7:00				Aqua Aerobics 7 PM - 8 PM (3 Lanes)		Pool Closes 6:45 PM	Pool Closes 6:45 PM
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
9:00	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM		

INDOOR WET ZONE GUIDELINES

- Children under 14 are not permitted in or around the Whirlpool.
- Indoor pool is for lap lane use only.



OXFORD ATHLETIC CLUB