

INDOOR POOL SCHEDULE

DECEMBER 12 THROUGH JANUARY 12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:45	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed Pool Opens at 7:00 AM	Pool Closed Pool Opens at 7:00 AM
5:30							
6:00	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Lap Swim	Lap Swim
7:00							
8:00	Aqua Zumba 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Lap Swim
9:00							
10:00	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Lap Swim	Lap Swim	Lap Swim
11:00							
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Family Swim 2 PM - 8 PM (Lap Lanes Available)	Family Swim 12 PM - 6 PM (Lap Lanes Available)	Family Swim 12 PM - 5 PM (Lap Lanes Available)
1:00							
2:00	Lap Swim	Private Lessons 5 PM - 6 PM (3 Lanes)	Aqua Zumba 5 PM - 6 PM (3 Lanes)	Lap Swim	Family Swim 2 PM - 8 PM (Lap Lanes Available)	Lap Swim	Lap Swim
3:00							
4:00	Lap Swim	Lap Swim	Lap Swim	Aqua Aerobics 7 PM - 8 PM (3 Lanes)	Lap Swim	Lap Swim	Lap Swim
5:00							
5:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closes 6:45 PM	Pool Closes 6:45 PM
6:00							
6:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closes 6:45 PM	Pool Closes 6:45 PM
7:00							
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closes 6:45 PM	Pool Closes 6:45 PM
8:00							
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closes 6:45 PM	Pool Closes 6:45 PM
9:00							
9:00	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	INDOOR WET ZONE GUIDELINES <ul style="list-style-type: none"> • Children under 14 are not permitted in or around the Whirlpool. • Indoor pool is for lap lane use only. 	



OXFORD ATHLETIC CLUB