

# INDOOR POOL SCHEDULE

JANUARY 13 THROUGH MARCH 22

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
4:45	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed  Pool Opens at 7:00 AM	Pool Closed  Pool Opens at 7:00 AM	
5:30								
6:00	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Lap Swim	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Lap Swim	Aqua Aerobics 8 AM - 9 AM (3 Lanes)	Swim Team Practice 7 AM - 9 AM (3 Lanes)	Lap Swim	
7:00								
8:00	Aqua Zumba 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Aqua Aerobics 9 AM - 10 AM (3 Lanes)	Lap Swim	Lap Swim	
9:00								
10:00	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Family Swim 10 AM - 1 PM (Lap Lanes Available)	Lap Swim	Lap Swim	Lap Swim	
11:00								
12:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Family Swim 12 PM - 6 PM (Lap Lanes Available)	Family Swim 12 PM - 5 PM (Lap Lanes Available)	
1:00								
2:00	Group Swim Lessons 4 PM - 5:30 PM (1 Lane)	Group Swim Lessons 4 PM - 5:30 PM (1 Lane)	Lap Swim	Lap Swim	Family Swim 2 PM - 8 PM (Lap Lanes Available)	Lap Swim	Lap Swim	
3:00								
4:00	Swim Team Practice 5:30 PM - 6 PM (1 Lane)	Private Lessons (3 Lanes)	Swim Team Practice (1 Lane)	Swim Team Practice (1 Lane)	Swim Team Practice 5:30 PM - 6 PM (1 Lane)	Lap Swim	Lap Swim	
5:00								
6:00	Swim Team Practice 6 PM - 7 PM (Pool Closed)	Swim Team Practice 6 PM - 7 PM (Pool Closed)	Swim Team Practice 6 PM - 7 PM (Pool Closed)	Swim Team Practice 6 PM - 7 PM (Pool Closed)	Swim Team Practice 6 PM - 7 PM (Pool Closed)	Lap Swim	Lap Swim	
7:00								
8:00	Swim Team Practice 7 PM - 8:30 PM (2 Lanes)	Swim Team Practice 7 PM - 8:30 PM (3 Lanes)	Group Swim Lessons 7 PM - 8 PM	Swim Team Practice 7 - 8:30 PM (2 Lanes)	Aqua Aerobics (3 Lanes)	Swim Team Practice 7 - 8:30 PM (1 Lane)	Pool Closes 6:45 PM	Pool Closes 6:45 PM
9:00	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	<b>INDOOR WET ZONE GUIDELINES</b>		

Pool Schedule Subject to Change.

- Children under 14 are not permitted in or around the Whirlpool.
- Indoor pool is for lap lane use only.



OXFORD ATHLETIC CLUB