

INDOOR POOL PROGRAM SCHEDULE

MARCH 23 THROUGH MAY 23

	MON	TUES	WED	THURS	FRI	SAT	SUN
4:45						Pool Closed	Pool Closed
5:30						Pool Opens 7 AM	Pool Opens 7 AM
6:00							
7:00							
8:00	Aqua Aerobics 8 - 9 AM		Aqua Aerobics 8 - 9 AM		Aqua Aerobics 8 - 9 AM		
9:00	Aqua Zumba 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	
10:00				Aqua Zumba 10 - 11 AM			
11:00	Family Swim 10 AM - 12 PM	Family Swim 10 AM - 12 PM	Family Swim 10 AM - 12 PM		Family Swim 10 AM - 12 PM		
12:00							
1:00							
2:00						Family Swim 12 - 5 PM	Family Swim 12 - 5 PM
3:00							
4:00	Group Lessons 4 - 5:30 PM	Group Lessons 4 - 5:30 PM					
5:00					Family Swim 4 - 7 PM		Masters Swim Practice 5 - 6:30 PM
6:00	Swim Team Practice 6 - 7:30 PM	Swim Team Practice 6 - 7:30 PM	Swim Team Practice 6 - 7:30 PM	Swim Team Practice 6 - 7:30 PM		Pool Closes 6:45 PM	Pool Closes 6:45 PM
7:00				Aqua Aerobics 7 - 8 PM			
8:00							
9:00							
	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM		

INDOOR WET ZONE GUIDELINES

- Children under 14 are not permitted in or around the Whirlpool.
- Indoor pool is for lap lane use only.

*No Swim Team Practices March 24th - April 13th

Pool Schedule Subject to Change.



OXFORD ATHLETIC CLUB