

# INDOOR POOL PROGRAM SCHEDULE

MARCH 23 THROUGH MAY 23

	MON	TUES	WED	THURS	FRI	SAT	SUN
4:45						Pool Closed Pool Opens 7 AM	Pool Closed Pool Opens 7 AM
5:30							
6:00							
7:00							
8:00	Aqua Aerobics 8 - 9 AM		Aqua Aerobics 8 - 9 AM		Aqua Aerobics 8 - 9 AM		
9:00	Aqua Zumba 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	Aqua Aerobics 9 - 10 AM	
10:00	Family Swim 10 AM - 12 PM	Family Swim 10 AM - 12 PM	Family Swim 10 AM - 12 PM	Aqua Zumba 10 - 11 AM	Family Swim 10 AM - 12 PM		
11:00							
12:00						Family Swim 12 - 5 PM	Family Swim 12 - 5 PM
1:00							
2:00							
3:00							
4:00	Group Lessons 4 - 5:30 PM	Group Lessons 4 - 5:30 PM					
5:00					Family Swim 4 - 7 PM		Masters Swim Practice 5 - 6:30 PM
6:00	Swim Team Practice 6 - 7:30 PM			Pool Closes 6:45 PM			
7:00				Aqua Aerobics 7 - 8 PM			
8:00						<b>INDOOR WET ZONE GUIDELINES</b>	
9:00						<ul style="list-style-type: none"> <li>Children under 14 are not permitted in or around the Whirlpool.</li> <li>Indoor pool is for lap lane use only.</li> </ul>	
	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM	Pool Closes 9:45 PM		

\*No Swim Team Practices March 24th - April 13th  
Pool Schedule Subject to Change.



OXFORD ATHLETIC CLUB