

OCTOBER 2025 INDOOR POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM	Lap Swim 6:45 AM - 6:45 PM Family Swim: 12 PM - 5 PM
5	6	7	8	9	10	11
Lap Swim: 6:45 AM - 6:45 PM Family Swim: 1 PM - 5 PM Masters: 5 PM - 6:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM	Lap Swim 6:45 AM - 6:45 PM Family Swim: 12 PM - 5 PM
12	13	14	15	16	17	18
Lap Swim: 6:45 AM - 6:45 PM Family Swim: 1 PM - 5 PM Masters: 5 PM - 6:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM	Lap Swim 6:45 AM - 6:45 PM Family Swim: 12 PM - 5 PM
19	20	21	22	23	24	25
Lap Swim: 6:45 AM - 6:45 PM Family Swim: 1 PM - 5 PM Masters: 5 PM - 6:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM	Lap Swim 6:45 AM - 6:45 PM Family Swim: 12 PM - 5 PM
26	27	28	29	30	31	
Lap Swim: 6:45 AM - 6:45 PM Family Swim: 1 PM - 5 PM Masters: 5 PM - 6:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM	

Pool schedule subject to change. During swim team practice Monday 6 - 7 PM & Tuesday - Friday 5 - 6 PM, the indoor pool will be closed entirely. In the event of inclement weather, please check the OAC app for updates on closures or delays.