



OXFORD ATHLETIC CLUB

JANUARY 2026 INDOOR POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Club Closed	2 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM Family Swim: 6:30 PM - 8:30 PM	3 Lap Swim 6:00AM - 7:00 PM Family Swim: 12 PM - 5 PM
4 Lap Swim: 6:00 AM - 7:00 PM Family Swim: 1 PM - 5 PM Swim Competition: 5 PM - 6:30 PM	5 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	6 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	7 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	8 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	9 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM Family Swim: 6:30 PM - 8:30 PM	10 Lap Swim 6:00 AM - 7:00 PM Family Swim: 12 PM - 5 PM
11 Lap Swim: 6:00 AM - 7:00 PM Family Swim: 1 PM - 5 PM Swim Competition: 5 PM - 6:30 PM	12 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	13 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	14 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	15 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	16 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM Family Swim: 6:30 PM - 8:30 PM	17 Lap Swim 6:00 AM - 7:00 PM Family Swim: 12 PM - 5 PM
18 Lap Swim: 6:00 AM - 7:00 PM Family Swim: 1 PM - 5 PM Swim Competition: 5 PM - 6:30 PM	19 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	20 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	21 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	22 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	23 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM Family Swim: 6:30 PM - 8:30 PM	24 Lap Swim 6:00 AM - 7:00 PM Family Swim: 12 PM - 5 PM
25 Lap Swim: 6:00 AM - 7:00 PM Family Swim: 1 PM - 5 PM Swim Competition: 5 PM - 6:30 PM	26 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Zumba: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	27 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	28 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	29 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 9 AM - 10 AM Aqua Zumba: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Swim Practice: 6 PM - 7:30 PM	30 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Practice: 5 PM - 6:30 PM Family Swim: 6:30 PM - 8:30 PM	Lap Swim 6:00 AM - 7:00 PM Family Swim: 12 PM - 5 PM

Pool schedule subject to change. During swim team practice Monday - Thursday 6 - 7 PM & Friday 5 - 6 PM, the indoor pool will be closed entirely.

In the event of inclement weather, please check the OAC app for updates on closures or delays.