



JULY 2026 INDOOR POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	1 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	2 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	3 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 5 PM - 6 PM Lap Swim: 6 PM - 9:45 PM	4 Lap Swim 6:00 AM - 3:45 PM
5 Lap Swim: 6 AM - 6:45 PM	6 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	7 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	8 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	9 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	10 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 5 PM - 6 PM Lap Swim: 6 PM - 9:45 PM	11 Lap Swim 6 AM - 6:45 PM	
12 Lap Swim: 6 AM - 6:45 PM	13 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	14 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	15 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	16 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	17 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM Swim Practice: 5 PM - 6 PM Lap Swim: 6 PM - 9:45 PM	18 Lap Swim 6 AM - 6:45 PM	
19 Lap Swim: 6 AM - 6:45 PM	20 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	21 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	22 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	23 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	24 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Swim Practice: 5 PM - 6 PM Lap Swim: 6 PM - 9:45 PM	25 Lap Swim 6 AM - 6:45 PM	
26 Lap Swim: 6 AM - 6:45 PM	27 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM	28 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM	29 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM	30 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM	31 Lap Swim: 4:45 AM - 9:45 PM Aqua Aerobics: 8 AM - 9 AM Swim Camp: 10:15 AM - 2:30 PM		

During swim team practice, Monday - Thursday 6 - 7 PM & Friday 5 - 6 PM, the indoor pool will be closed entirely.

No open swim in the indoor pool. Lap swim and programming only with the following exception: In the event the outdoor pool closes for the day due to the weather, one lane inside will be moved for open swim on a first-come, first-served basis.