



OXFORD ATHLETIC CLUB

OCTOBER 2026 INDOOR POOL SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 9 AM - 10 AM Aqua Aerobics: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	2 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 5 PM - 6 PM Family Swim: 6:30 PM - 8:30 PM Lap Swim: 6 PM - 9:45 PM	3 Lap Swim: 6 AM - 7 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 12 PM - 5 PM
4 Lap Swim: 6 AM - 7 PM Family Swim: 2 PM - 5 PM	5 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	6 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	7 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	8 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 9 AM - 10 AM Aqua Aerobics: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	9 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 5 PM - 6 PM Family Swim: 6:30 PM - 8:30 PM Lap Swim: 6 PM - 9:45 PM	10 Lap Swim: 6 AM - 7 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 12 PM - 5 PM
11 Club Closed for Employee Appreciation Event	12 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	13 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	14 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	15 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 9 AM - 10 AM Aqua Aerobics: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	16 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 5 PM - 6 PM Family Swim: 6:30 PM - 8:30 PM Lap Swim: 6 PM - 9:45 PM	17 Lap Swim: 6 AM - 7 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 12 PM - 5 PM
18 Lap Swim: 6 AM - 7 PM Family Swim: 2 PM - 5 PM	19 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	20 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	21 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	22 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 9 AM - 10 AM Aqua Aerobics: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	23 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 5 PM - 6 PM Family Swim: 6:30 PM - 8:30 PM Lap Swim: 6 PM - 9:45 PM	24 Lap Swim: 6 AM - 7 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 12 PM - 5 PM
25 Lap Swim: 6 AM - 7 PM Family Swim: 2 PM - 5 PM	26 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	27 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	28 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	29 Lap Swim: 4:45 AM - 6 PM Aqua Aerobics: 9 AM - 10 AM Aqua Aerobics: 10 AM - 11 AM Family Swim: 11 AM - 1 PM Family Swim: 4 PM - 6 PM Swim Team: 6 PM - 7 PM Lap Swim: 7 PM - 9:45 PM	30 Lap Swim: 4:45 AM - 5 PM Aqua Aerobics: 8 AM - 9 AM Aqua Aerobics: 9 AM - 10 AM Family Swim: 10 AM - 1 PM Swim Team: 5 PM - 6 PM Family Swim: 6:30 PM - 8:30 PM Lap Swim: 6 PM - 9:45 PM	31 Lap Swim: 6 AM - 7 PM Aqua Aerobics: 9 AM - 10 AM Family Swim: 12 PM - 5 PM *Please Note: The Indoor Pool Closes at 5 PM October 31st

Pool schedule is subject to change. During swim team practice Monday - Thursday 6 - 7 PM & Friday 5 - 6 PM, the indoor pool will be closed entirely. In the event of inclement weather, please check the OAC app for updates on closures or delays.