

OXFORD ATHLETIC CLUB
DESIGNED FOR LIFE IN MOTION.

ADVANCED TENNIS

WINTER: 11-13 WEEK SESSIONS | NOVEMBER 23 - FEBRUARY 28

NO CLINICS: NOV 26 & 27, DEC 23, 2026 - JAN 3, 2027, & JAN 8

PRICING: $30/HOUR

FOR QUESTIONS, CONTACT BUDI SUSANTO AT BSUSANTO@OXFORDATHLETICCLUB.COM

TENNIS ACADEMY

- Invitation-only clinic for competitive players
- Designed for players with an NTRP rating of 4.0 or higher
- Participants must meet minimum skill level requirements
- Skill level descriptions can be found on the back of this flyer

REVIEW OUR FAQ BEFORE REGISTERING.

Mon - Fri* | 5:00 PM - 7:00 PM

TOURNAMENT TRAINING

- Open clinic for players ages 10–17
- Designed for players with an NTRP rating of 3.0 or higher
- Players must meet minimum skill level requirements
- Skill level descriptions are provided on the back of this flyer

Mon & Wed | 6:30 PM - 8:00 PM • **Fri** | 5:00 PM - 6:30 PM • **Sat** | 11:00 AM - 12:30 PM

HIGH SCHOOL TRAINING

- High School Junior Development Program
- Open clinic for players ages 14–18
- Designed for those training for Varsity or Junior Varsity high school teams

Tue & Thu | 7:00 PM - 8:30 PM • **Sun** | 10:00 AM - 12:00 PM

Registrations are season-long signups for clinics that regularly occur on specific days of the week. All Clinics are billed in full after attending the first class. NO REFUNDS. Two makeup sessions will be permitted per season. Drop-in participation is $30 per hour, plus a drop-in fee, and is subject to availability and may be turned away if clinic is full.

SIGN UP ON THE OAC MOBILE APP UNDER PROGRAMS

NTRP RATING OVERVIEW

Academy		
NTRP Rating	**4.0 or higher**	**3.0 or higher**
Forehand	Good consistency and hits with depth and control on moderate shots. High placement skill and ability to control the pace of a rally.	Moderate consistency and ability to direct the ball at will. Developing spin and depth control. Generally aims for continued neutral play.
Backhand	Directs the ball with consistency and depth on moderate shots. Developing ability to return neutral shots with an offensive backhand.	Fair consistency on moderate shots with some directional control. May display difficulty returning high or hard shots and plays defensively.
Serve and Return	Places both first and second serve, often with power on first serve. Dependably uses spin as a part of their strategy for the point. Can return serve with depth in singles and mix returns in doubles.	Developing consistency, rhythm, and spin. Little placement skill during first serve and second serve is considerably slower. Can return a power or spin serve with fair consistency.
Volley	Can put away easy overheads and poach in doubles. Follows aggressive shots to the net and finish points off quickly. Hits to opponent's weaknesses. Able to lob defensively on difficult shots and offensively on set-ups.	Consistent ability to get overhead shots in. Developing skills in approach shots and drop shots. Proficient in defensive lobs.
Special Shots	Can put away easy overheads and poach in doubles. Follows aggressive shots to the net and finish points off quickly. Hits to opponent's weaknesses. Able to lob defensively on difficult shots and offensively on set-ups.	Consistent ability to get overhead shots in. Developing skills in approach shots and drop shots. Proficient in defensive lobs.